



## **DINING OUT**

### **This chocolate cake truly is the "Very Best" The Palm Beach Post**

January 30, 2008

Palm Beach Gardens, FL. – Forgoing dessert at the newly opened J. Alexander's Restaurant in Palm Beach Gardens' Midtown center was not an option for my husband and me.

During a previous visit to J. Alexander's in Boca Raton, we had sampled the eatery's Very Best Chocolate Cake. We raved about it for days afterward. On our second visit, we agreed to save plenty of room for the sinful dessert. We arrived at 6:30 pm on a busy Saturday and took a seat at the bar for a short time before being escorted to our table. We knew exactly what we wanted for dessert, but had no clue about dinner.

J. Alexander's offers a nice variety of American favorites such as burgers and sandwiches, ribs, steak, seafood, and salads. My husband and I spent a good 10 minutes poring over the menu before choosing slow-roasted prime rib (\$24) and a Hyde Park chicken sandwich (\$11). The prime rib was delicious, cooked to order (medium) and served au jus with a mound of smashed potatoes. My husband enjoyed every bite. My Hyde Park chicken sandwich was equally as good. Served on a toasted bun with Monterey jack cheese, lettuce, onion, tomato and pickle, the sandwich was tender and juicy. Instead of fries, I chose a side of spaghetti squash with marinara sauce.

Still, we reserved our greatest praise for dessert. The Very Best Chocolate Cake (\$8) features a warm slab of moist chocolate cake topped with vanilla ice cream and hot fudge. Despite our greatest efforts, we couldn't finish all of it. We took home a tiny piece for our daughter to enjoy the next day. We promised her, though, that we'd take her along next time to share in the fun. – Jodie Wagner